



The **Endo** Educational
Organization of Canada

Resource Library: The Society of Obstetricians & Gynaecologists of Canada

As endometriosis patients, we often ask ourselves "why am I being treated this way in our medical system?" Throughout SOGC's website you can see exactly what our Canadian gynaecologists and physicians view for information and translate into practice within their clinics. We believe that understanding the tools our gynaecologists are being given is necessary in order to fully understand the inadequacies of endometriosis treatment in Canada.

We support this resource because it demonstrates the strengths and shortcomings of our current Canadian medical system. In particular, within the endometriosis focused website, the "Basics" section offers a solid explanation of the menstrual cycle, your first period, ovulation and normal bleeding for cis individuals assigned female at birth, while also mentioning aspects such as HPV, sex ed, pregnancy and menopause. Although, the "How Endometriosis is Treated" section is problematic because excision surgery is not explicitly mentioned, and general "surgery" (not distinguished between ablation, excision etc.) is only mentioned at the bottom of the page after a recommended list of pharmaceuticals treatments. All in all, this website and the general SOGC website give patients an appropriate explanation for the direct focus on pharmaceutical treatments rather than prioritizing endometriosis excision surgery training and operation. In order to stimulate change we need to understand that inadequate endometriosis care begins with policies & governing institutions such as the SOGC.

Link to Endometriosis Focused Website Operated by the SOGC

<https://www.yourperiod.ca/endometriosis/>

Link to General SOGC Website to View Guidelines & Procedures

<https://sogc.org>