



The **Endo** Educational
Organization of Canada

Resource Library: Samantha Bowick

"I am a woman who has and continues to live with chronic illnesses that include endometriosis, vitamin D deficiency, osteoporosis, polycystic ovary syndrome, irritable bowel syndrome, interstitial cystitis, and sphincter of Oddi dysfunction. Despite these illnesses, I was able to graduate with a Bachelor of Science degree in Health Care Administration and a Master of Public Health degree. Because of everything I have been through, I decided it was time to tell my story to help others. I have published *Living with Endometriosis: The Complete Guide to Risk Factors, Symptoms, and Treatment Options*. I have also published my mom's/family's story with alpha-1 antitrypsin deficiency in a book titled *Living with Alpha-1 Antitrypsin Deficiency: The Complete Guide to Risk Factors, Symptoms, and Treatment Options* that also provides medical information about the illness. Both books are published by Hatherleigh Press and distributed by Penguin Random Home. I hope to publish more chronic illness books in the future." - Samantha Bowick
Website

We support this resource because Samantha Bowick is not only a successful author of “Living with Endometriosis” and other amazing works, but also helps advocate for patients through these works and her online platform. Within her website you can find published articles, podcast, blog and so much more. In particular, we love her Workbook and Daily Journal for Endometriosis; definitely a helpful tool while navigating your endometriosis journey. You can find Samantha on Facebook, Instagram and the web.

Link to Samantha Bowick's Website
<https://www.samanthabowick.com>