



The **Endo** Educational
Organization of Canada

Resource Library: Dr. Jessica Drummond

“Dr. Jessica Drummond, DCN, CNS, PT, Founder and CEO of the Integrative Women's Health Institute is passionate about caring for and empowering women who struggle with women's and pelvic health conditions. She is equally passionate about educating and supporting clinicians in confidently and safely using integrative tools to transform women's and pelvic healthcare. She regularly lectures on topics such as integrative pelvic pain management, natural fertility options, optimal hormone health, and functional and integrative nutrition for rehabilitation, nutrition, wellness, fitness, and medical professionals.” – Integrative Women's Health Institute Website

We support this resource because Jessica Drummond & the Integrative Women's Health Institute helps patient's access an improved quality of life with their extensive knowledge concerning endometriosis symptomology in particular. Our organization was introduced to Jessica Drummond's work by local pelvic physiotherapists & during endometriosis awareness events / conferences. It became clear to us that much of this information is not common practice or knowledge but could greatly improve patient's quality of life. You can find Jessica and the Integrative Women's Health Institute on Facebook, Instagram, YouTube and the web.

Link to the Integrative Women's Health Institute

<https://integrativewomenshealthinstitute.com>

Link to Jessica Drummond's YouTube Channel

<https://www.youtube.com/channel/UCy2gj7eCaCktiS9nBW3Q0Ug>